

# WHEREVER YOU GO, YOUR COVERAGE GOES TOO

GET ACCESS TO CARE OVERSEAS WITH OUR  
GLOBAL NETWORK OF OVER 11,000 PROVIDERS.



[fepblue.org](https://fepblue.org)

## ACCESS QUALITY CARE ANYWHERE

Imagine you're living overseas and need a doctor at 2 a.m. With the **Teladoc Health® Global Care app**, care is a tap away.

## WHY CHOOSE TELEHEALTH?



It's like visiting the doctor  
without leaving your home.



Avoid long wait times  
in the ER.



On demand care,  
available 24/7/365.

Connect with an English-speaking doctor in your time zone in two easy ways:



### Request a consultation by phone

80% of callbacks are less than two hours from when you make the request.



### Request a consultation by video

Appointments are available three hours from when you make the request.

## GET HELP WITH COMMON CONDITIONS\*



Cold and flu  
symptoms



Sore throat



Stomachache



Bronchitis and  
respiratory  
infections



Allergies

## WHO IS ELIGIBLE?



Service Benefit Plan members living overseas who have an international address or temporarily reside overseas with an international address.



Members with a U.S.-based address are **not** eligible.

## LET'S GET STARTED



Download the **Teladoc Health Global Care** app.



Fill in the registration info along with your member ID number.



Request to speak with a doctor.



### Have questions?

Our support team is ready to help.  
Visit [fepblue.org/overseas](https://fepblue.org/overseas) or email [globalcare@teladochealth.com](mailto:globalcare@teladochealth.com) for more information.



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\*Doctors can only diagnose and prescribe medications in specific countries. Visit [fepblue.org](https://fepblue.org) for details.

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This is a summary of the features of the Blue Cross and Blue Shield Service Benefit Plan. Before making a final decision, please read the Plan's Federal Employees Health Benefits Program brochures (FEP Blue Standard and FEP Blue Basic: RI 71-005; FEP Blue Focus: RI 71-017) and the Postal Service Health Benefits Program brochures (FEP Blue Standard and FEP Blue Basic: RI 71-020; FEP Blue Focus: RI 71-025). All benefits are subject to the definitions, limitations and exclusions set forth in the brochures.

Teladoc Health is an independent company that provides telehealth services on behalf of the Blue Cross and Blue Shield Service Benefit Plan.

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