ROUTINE ANNUAL PHYSICAL INCENTIVE PROGRAM

BlueCross BlueShield Federal Employee Program®

fepblue.org

Getting an annual physical, also known as a checkup, is one of the best things you can do for your health. If you're an FEP Blue Focus® member, we'll even reward you after your first routine physical of the year!

HERE'S HOW IT WORKS:

1. Visit your primary care doctor for an annual physical. If you don't have a primary care doctor, you can find one by downloading the **fepblue** app or visiting **fepblue.org/provider**.
2. Once we receive the claim from your visit, you'll receive an email and/or a message on your Explanation of Benefits (EOB) with instructions on how to receive your **$150 MyBlue® Wellness Card**.
3. Follow the instructions and log in to your MyBlue account. (If you're a first-time user, you'll need to register.)

How to use your MyBlue Wellness Card:*

Once you earn your **$150 reward**, you can use your MyBlue Wellness Card to pay for qualified medical expenses at local or online retailers. Qualified medical expenses include doctor's office copays, prescriptions, glasses or contacts and more.

You can also use your reward at select Blue365® retailers. Log in to your MyBlue account to use your funds for one of these deals.

To learn more about the FEP Blue Focus incentive, visit **fepblue.org/FBFincentive**.

*Location restrictions apply. Your MyBlue account will list the rewards available in your specific location.

You must be 18 years of age or older, and the contract holder or spouse on your Plan, to earn this reward.

We encourage you to consider possible tax implications of your rewards as part of this program and to consult your tax, legal or accounting advisors for additional information. Not all Blue365 vendors are included in this program.

This is a summary of the features of the Blue Cross and Blue Shield Service Benefit Plan. Before making a final decision, please read the Plan's Federal Employees Health Benefits Program brochures (FEP Blue Standard and FEP Blue Basic: RI 71-005; FEP Blue Focus: RI 71-017) and the Postal Service Health Benefits Program brochures (FEP Blue Standard and FEP Blue Basic: RI 71-020; FEP Blue Focus: RI 71-025). All benefits are subject to the definitions, limitations and exclusions set forth in the brochures.

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