Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. Please read the FEHB Plan brochure (RI 71-005) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can get the FEHB Plan brochure at fepblue.org/brochure, and view the Glossary at www.opm.gov/healthcare-insurance/insurance-glossary/. You can call 1-800-411-2583 to request a copy of either document.

Important Questions	Answers	Why This Matters:
\$\frac{350}{\text{Self Only}}\$\$  \text{\$\frac{700}{\text{Self Plus One}}\$} \frac{700}{\text{Self and Family}}\$\$		Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. Copayments and coinsurance amounts do not count toward your deductible, which generally starts over January 1. When a covered service/supply is subject to a <u>deductible</u> , only the Plan allowance for the service/supply counts toward the <u>deductible</u> . If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
COVERED DETOTE VOIL MEET   CATE SETVICES ARE COVERED DETOTE		This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For Preferred providers \$6,000 Self Only / \$12,000 Self Plus One / \$12,000 Self and Family; for Non-preferred providers \$8,000 Self Only / \$16,000 Self Plus One / \$16,000 Self and Family	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, health care this plan doesn't cover, and penalties for	Even though you pay these expenses, they don't count toward the out-of-pocket limit.



	failure to obtain preauthorization for services.	
Will you pay less if you use a <u>network provider</u> ?	Yes. See provider.fepblue.org or call your local BCBS company for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What Y	ou Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$30/visit. <u>Deductible</u> does not apply.	35% coinsurance	You pay nothing when you receive care in connection with, and within 72 hours after, an accidental injury.	
If you visit a health care <u>provider's</u> office	Specialist visit	\$40/visit. <u>Deductible</u> does not apply.	35% coinsurance	None	
or clinic	Preventive care/screening/ immunization	No charge. <u>Deductible</u> does not apply.	35% coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
	Diagnostic test (x-ray, blood work)	15% coinsurance	35% coinsurance	None	
If you have a test	Imaging (CT/PET scans, MRIs)	15% <u>coinsurance</u>	35% coinsurance	None	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Tier 1 (Generic drugs)	Retail: \$7.50/prescription (30-day supply) Mail service: \$15/prescription. Deductible does not apply.	45% of the average wholesale price (AWP)  Deductible does not apply.	Retail: \$22.50/prescription for 31 to 90-day supply	
	Tier 2 (Preferred brand drugs)	Retail: 30% coinsurance Mail service: 15%coinsurance / \$150 maximum. Deductible does not apply.	45% of the average wholesale price (AWP) <u>Deductible</u> does not apply.	Retail: Up to a 90-day supply	
If you need drugs to treat your illness or condition More information about	Tier 3 (Non-preferred brand drugs)	Retail: 50% coinsurance Mail service: 20% coinsurance / \$250 maximum. Deductible does not apply.	45% of the average wholesale price (AWP)  Deductible does not apply.	Retail: Up to a 90-day supply Prior approval is required for certain prescription drugs.	
prescription drug coverage is available at fepblue.org/formulary	Tier 4 ( Preferred <u>specialty</u> <u>drugs)</u>	Retail: 30% coinsurance (30-day supply) Specialty pharmacy: \$100/prescription (30-day supply); \$300/prescription (31 to 90-day supply). Deductible does not apply.	45% of the average wholesale price (AWP)  Deductible does not apply.	Retail: One fill limit  Specialty pharmacy: 90-day supply can only be obtained after 3rd fill  Prior approval is required for certain prescription drugs.	
	Tier 5 (Non-preferred <u>specialty</u> <u>drugs</u> )	Retail: 30% coinsurance (30-day supply) Specialty pharmacy: \$150/prescription (30-day supply); \$450/prescription (31 to 90-day supply).	45% of the average wholesale price (AWP)  Deductible does not apply.	Retail: One fill limit  Specialty pharmacy: 90-day supply can only be obtained after 3rd fill  Prior approval is required for certain prescription drugs.	

		What Y	ou Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
		<u>Deductible</u> does not apply.			
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	15% coinsurance	35% <u>coinsurance</u> for member and non-member facilities	Prior approval is required for certain surgical services	
surgery	Physician/surgeon fees	15% <u>coinsurance</u>	35% coinsurance	Prior approval is required for certain surgical services	
	Emergency room care	15% coinsurance	15% coinsurance	You pay nothing when you receive care for your accidental injury within 72 hours.	
If you need immediate medical attention	Emergency medical transportation	\$100/day. <u>Deductible</u> does not apply.	\$100/day. <u>Deductible</u> does not apply.	Air or sea ambulance: \$150/day You pay nothing when you receive care for your accidental injury within 72 hours.	
	Urgent care	\$30/visit. <u>Deductible</u> does not apply.	35% coinsurance	You pay nothing when you receive care for your accidental injury within 72 hours.	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$350/admission. <u>Deductible</u> does not apply.	\$450/admission and 35% coinsurance. <u>Deductible</u> does not apply.	Precertification is required for inpatient hospital stays. We will reduce benefits for the inpatient hospital stay by \$500 if no one contacts us for precertification.	
	Physician/surgeon fees	15% coinsurance	35% coinsurance	Prior approval is required for certain surgical services	
If you need mental health, behavioral	Outpatient services	\$30/visit for professional services. <u>Deductible</u> does not apply. 15% <u>coinsurance</u> for other outpatient services	35% coinsurance	None	
health, or substance abuse services	Inpatient services	No charge for professional services; \$350/admission for facility care. Deductible does not apply.	35% coinsurance for professional services; 35% coinsurance for facility care.  Deductible does not apply.	Precertification is required for inpatient hospital stays. We will reduce benefits for the inpatient hospital stay by \$500 if no one contacts us for precertification.	
If you are pregnant	Office visits	No charge. <u>Deductible</u> does not apply.	35% coinsurance	Cost sharing does not apply for preventive services. Maternity care may include tests and	

	What You Will Pay				
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
				services described elsewhere in the SBC (i.e., ultrasound).	
	Childbirth/delivery professional services	No charge. <u>Deductible</u> does not apply.	35% coinsurance	None	
	Childbirth/delivery facility services	No charge. <u>Deductible</u> does not apply.	35% coinsurance	None	
	Home health care	15% coinsurance	35% coinsurance	50 visit limit/calendar year	
	Outpatient cardiac rehab: 15% coinsurance Physical, occupational, speech and cognitive therapies: \$30/visit for primary care provider, \$40/visit (specialist).  Deductible does not apply.	35% coinsurance	75 visit limit/calendar year. Includes physical, occupational and speech therapies.		
If you need help recovering or have	Habilitation services	\$30/visit for primary care provider, \$40/visit (specialist). Deductible does not apply.	35% coinsurance	75 visit limit/calendar year. Coverage is limited to physical, occupational and speech therapies.	
other special health needs	Skilled nursing care	\$175. <u>Deductible</u> does not apply.	\$275 plus 35% <u>coinsurance</u> . <u>Deductible</u> does not apply.	30 day visit limit for members who do not have Medicare Part A. Precertification is required prior to admission. Additional criteria must be met.	
	Durable medical equipment	15% coinsurance	35% coinsurance	None	
	Hospice services	No charge. <u>Deductible</u> does not apply.	Traditional Home (Member/Non-member facilities): \$450 copayment/episode. <u>Deductible</u> does not apply. Continuous Home and Inpatient (Member facilities): \$450/episode. <u>Deductible</u> does not apply.	Benefits are provided for up to 30 consecutive days in a facility licensed as an inpatient hospice facility.	

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
			Continuous Home and Inpatient (Non-member facilities): \$450/admission plus 35% coinsurance.  Deductible does not apply.	
	Children's eye exam	\$30/visit (primary care).  Deductible does not apply.  \$40/visit (specialist).  Deductible does not apply.	35% coinsurance	Coverage limited to exams related to treatment of a specific medical condition.
	Children's glasses	15% coinsurance	35% coinsurance	Coverage limited to one pair of glasses per incident prescribed for certain medical conditions
If your child needs dental or eye care	Children's dental check-up	Up to age 13: The difference between \$12 and the Maximum Allowable Charge (MAC). Deductible does not apply. Age 13 and over: The difference between \$8 and the MAC. Deductible does not apply.	All charges above the fee schedule amount.  Deductible does not apply.	Coverage limited to two per person per calendar year.

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your FEHB Plan brochure for more information and a list of any other excluded services.)

Cosmetic surgeryLong-term care

Bariatric surgery

- Private duty nursing
- Routine eye care

• Commercial weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your FEHB Plan brochure.)

- Acupuncture (24 visit limit/calendar year)
- Dental care
  - Hearing aids

Non-emergency care when traveling outside the U.S.

•	Chiropractic care (12 visit limit/calendar year)	•	Infertility treatment	•	Routine foot care if you are under active
					treatment for a metabolic or peripheral vascular
					disease

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at the number on the back of your ID card or visit <a href="www.opm.gov/insure/health/">www.opm.gov/insure/health/</a>. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact your local BCBS company at the customer service number on the back of your member ID card.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al servicio de atención al cliente al número que aparece en su tarjeta de identificación.] [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa numero ng serbisyo sa customer na nasa inyong ID card.] [Chinese (中文): 請撥打您 ID 卡上的客服號碼以尋求中文協助。.]

[Navajo (Dine): Diné k'ehjí yá'áti' bee shíká'adoowoł nohsingo naaltsoos nihaa halne'go nidaahtinígíí bine'déé' Customer Service bibéésh bee hane'é biká'ígíí bich'į' dahodoołnih.]

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$350
■ Specialist [cost sharing]	\$40
■ Hospital (facility) [cost sharing]	\$350
■ Other [cost sharing]	15%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

### In this example, Peg would pay:

Cost Sharing				
<u>Deductibles</u>	\$0			
<u>Copayments</u>	\$30			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$60			
The total Peg would pay is	\$90			

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

The plan's overall <u>deductible</u>	\$350
■ Specialist [cost sharing]	\$40
■ Hospital (facility) [cost sharing]	\$350
Other [cost sharing]	15%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
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### In this example, Joe would pay:

Cost Sharing	
<u>Deductibles</u>	\$350
<u>Copayments</u>	\$1,300
Coinsurance	\$400
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$2,070

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$350
■ Specialist [cost sharing]	\$40
■ Hospital (facility) [cost sharing]	\$350
Other [cost sharing]	15%

#### This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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### In this example, Mia would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$ 360	
Coinsurance	\$60	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$420	