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# 5.21.002

| Section:       | Prescription | Drugs         | Effective Date:       | April 1, 2024     |
|----------------|--------------|---------------|-----------------------|-------------------|
| Subsection:    | Antineoplas  | tic Agents    | Original Policy Date: | December 29, 2011 |
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| Last Review Da | ate:         | March 8, 2024 |                       |                   |

## Alferon N

**Description** 

### Alferon N (interferon alfa-N3)

### Background

Interferons are naturally occurring small proteins and glycoproteins produced and secreted by cells in response to viral infections and to synthetic or biological inducers. They exert their cellular activities by binding to specific membrane receptors on the cell surface. Once bound to the cell membrane, interferons initiate a complex sequence of intracellular events including the following: induction of certain enzymes, suppression of cell proliferation, immunomodulating activities such as enhancement of the phagocytic activity of macrophages and augmentation of the specific cytotoxicity of lymphocytes for target cells, and inhibition of virus replication in virus-infected cells (1).

Alferon N (interferon alpha-n3) is a protein that induces protein synthesis by binding to specific membrane receptors, which leads to inhibition of virus replication and suppression of cell proliferation. The agent exerts its immunomodulation effect by enhancing macrophage phagocytosis and expression of human leukocyte antigen and augmenting lymphocyte cytotoxicity (2).

### **Regulatory Status**

FDA-approved indication: Alferon N (interferon alfa-n3) is indicated for the intralesional treatment of refractory or recurring external condylomata acuminata in patients 18 years of age or older (2-3).

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Alferon N injection should be used cautiously in patients with cardiovascular disease, coagulation disorders (e.g., thrombophlebitis, pulmonary embolism, and hemophilia), diabetes mellitus with ketoacidosis, severe pulmonary disease, severe myelosuppression, or seizure disorders (2).

The only role for interferon alpha-n3 at present is the intralesional treatment of condyloma acuminata, as an alternative to conventional regimens (e.g., podophyllin, cryotherapy) in unresponsive/intolerant patients. Interferon alfa-2b is also effective intralesionally in this setting and could be used in lieu of interferon alfa-n3 (2).

Safety and effectiveness of Alferon N have not been established in patients less than 18 years of age (2).

### **Related policies**

Actimmune, Intron A, Pegasys, Pegintron

### Policy

This policy statement applies to clinical review performed for pre-service (Prior Approval, Precertification, Advanced Benefit Determination, etc.) and/or post-service claims.

Alferon N may be considered medically necessary if the conditions indicated below are met.

Alferon N may be considered investigational for all other indications.

### **Prior-Approval Requirements**

Age 18 years of age or older

Diagnosis

Patient must have the following:

Condylomata acuminata

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Prior – Approval Renewal Requirements

Same as above

### **Policy Guidelines**

## Pre - PA Allowance

None

### **Prior - Approval Limits**

Duration 12 months

### Prior – Approval Renewal Limits

Same as above

### Rationale

### Summary

Alferon N (interferon alpha-n3) is a protein that induces protein synthesis by binding to specific membrane receptors, which leads to inhibition of virus replication and suppression of cell proliferation. The agent exerts its immunomodulation effect by enhancing macrophage phagocytosis and expression of human leukocyte antigen and augmenting lymphocyte cytotoxicity. Safety and effectiveness of Alferon N have not been established in patients less than 18 years of age (2).

Prior authorization is required to ensure the safe, clinically appropriate, and cost-effective use of Alferon N while maintaining optimal therapeutic outcomes.

### References

- 1. Interferons. (2007, August 15). Retrieved February 16, 2021, from https://onlinelibrary.wiley.com/doi/abs/10.1002/9780471743989.vse9972
- Interferon Alpha-n3. In: Dosing/Administration and Medication Safety [database on the Internet]. Greenwood Village (CO): IBM Corporation; 2020 [cited 2021 Feb 15]. Available from: www.micromedexsolutions.com.
- 3. Alferon N [package insert]. Philadelphia, PA: AIM ImmunoTech Inc.; October 2021.

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| Policy History           |   |
|--------------------------|---|
| Date                     | Action  |
| August 2011              | Alferon N separated into its own criteria. Chronic granulomatous disease<br>and inflammatory pulmonary fibrosis removed from criteria due to either<br>being an investigational use or no current clinical sources supporting its use.<br>Multiple myeloma added to criteria as medical practice and AHFS support<br>this indication. |
| November 2011            | Updated the criteria for chronic myelogenous leukemia to align with the NCCN guidelines for the diagnosis and treatment of CML.   |
| December 2012            | Annual editorial review and reference update  |
| March 2014               | Annual editorial review and reference update  |
|                          | Removal of the following off-label indications as they are not supported by clinical literature for Alferon N:  |
|                          | AIDS-related Kaposi's sarcoma, follicular lymphoma, hairy cell leukemia,  |
| March 2015               | malignant melanoma, and chronic myelogenous leukemia (CML).<br>Annual editorial review and reference update   |
| December 2015            | Annual review   |
| March 2016               | Annual editorial review   |
|                          | Policy number changed from 5.04.02 to 5.21.02   |
| June 2017                | Annual editorial review   |
| June 2019                | Annual review   |
| June 2020                | Annual review and reference update  |
| March 2021               | Annual editorial review   |
| March 0000               | Revised Background, Regulatory Status and Summary Sections  |
| March 2022               | Annual review   |
| March 2023<br>March 2024 | Annual review. Changed policy number to 5.21.002<br>Annual review and reference update  |
|                          |   |
| Keywords                 |   |

This policy was approved by the FEP® Pharmacy and Medical Policy Committee on March 8, 2024 and is effective on April 1, 2024.