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5.40.034

Section: Prescription Drugs Effective Date: April 1, 2024

Subsection: Cardiovascular Agent Original Policy Date: April 7, 2023

Subject: Furoscix Page: 1 of 4

Last Review Date: March 8, 2024

### **Furoscix**

### **Description**

## Furoscix (furosemide) injection for subcutaneous use

### **Background**

Furoscix (furosemide) primarily inhibits the reabsorption of sodium and chloride in the proximal and distal tubules and in the loop of Henle. The high degree of diuresis is largely due to the unique site of action. The action on the distal tubule is independent of any inhibitory effect on carbonic anhydrase and aldosterone (1).

#### **Regulatory Status**

FDA-approved indication: Furoscix is indicated for the treatment of congestion due to fluid overload in adults with New York Heart Association (NYHA) Class II/III chronic heart failure (1).

<u>Limitations of Use</u>: Furoscix is not indicated for use in emergency situations or in patients with acute pulmonary edema. The On-Body Infusor will deliver only an 80-mg dose of Furoscix (1).

Furoscix is not for chronic use and should be replaced with oral diuretics as soon as practical (1).

Furoscix contains warnings regarding the following: fluid, electrolyte, and metabolic abnormalities; worsening renal function; ototoxicity; and acute urinary retention (1).

The safety and efficacy of Furoscix in pediatric patients less than 18 years of age have not been established (1).

Section: Prescription Drugs Effective Date: April 1, 2024

Subsection: Cardiovascular Agent Original Policy Date: April 7, 2023

Subject: Furoscix Page: 2 of 4

#### **Related policies**

Corlanor, Verquvo

### Policy

This policy statement applies to clinical review performed for pre-service (Prior Approval, Precertification, Advanced Benefit Determination, etc.) and/or post-service claims.

Furoscix may be considered **medically necessary** if the conditions indicated below are met.

Furoscix may be considered **investigational** for all other indications.

## **Prior-Approval Requirements**

Age 18 years of age or older

### **Diagnosis**

Patient must have the following:

1. Chronic heart failure

### **AND ALL** of the following:

- a. Patient has congestion due to fluid overload
- b. NYHA Class II III
- c. Patient has a clinical reason for requiring Furoscix (e.g., reduced responsiveness to oral diuretics such as bumetanide, furosemide, or torsemide)
- d. Patient is a candidate for outpatient treatment
- e. Prescriber agrees to use Furoscix short-term only **AND** replace with oral diuretics as soon as practical
- f. NO acute pulmonary edema

# Prior - Approval Renewal Requirements

None

Each prior authorization (PA) request for Furoscix is considered initiation of therapy due to its acute duration of use

Section: Prescription Drugs Effective Date: April 1, 2024

Subsection: Cardiovascular Agent Original Policy Date: April 7, 2023

Subject: Furoscix Page: 3 of 4

### **Policy Guidelines**

### Pre - PA Allowance

**Quantity** 5 kits per 90 days

## **Prior - Approval Limits**

**Quantity** 10 kits

**Duration** 3 months

## Prior - Approval Renewal Limits

None

Each prior authorization (PA) request for Furoscix is considered initiation of therapy due to its acute duration of use

### Rationale

#### **Summary**

Furoscix (furosemide) is a diuretic indicated for the treatment of congestion due to fluid overload in adults with NYHA Class II/III chronic heart failure. Furoscix is not for chronic use and should be replaced with oral diuretics as soon as practical. The safety and efficacy of Furoscix in pediatric patients less than 18 years of age have not been established (1).

Prior approval is required to ensure the safe, clinically appropriate, and cost-effective use of Furoscix while maintaining optimal therapeutic outcomes.

#### References

1. Furoscix [package insert]. Burlington, MA: scPharmaceuticals, Inc..; October 2023.

## **Policy History**

Date	Action
April 2023	Addition to PA
June 2023	Annual review

5.40.034

Section: Prescription Drugs Effective Date: April 1, 2024

Subsection: Cardiovascular Agent Original Policy Date: April 7, 2023

Subject: Furoscix Page: 4 of 4

March 2024 Annual review and reference update

Keywords

This policy was approved by the FEP® Pharmacy and Medical Policy Committee on March 8, 2024 and is effective on April 1, 2024.