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Section:	Prescription Drugs	**Effective Date:**	April 1, 2025
Subsection:	Corticosteroids	**Original Policy Date:**	March 1, 2024
Subject:	Eohilia	**Page:**	1 of 3

Last Review Date: March 7, 2025

Eohilia

Description

Eohilia (budesonide) oral suspension

Background
Eohilia (budesonide) is an anti-inflammatory corticosteroid and has a high glucocorticoid effect and a weak mineralocorticoid effect. The precise mechanism of corticosteroid actions on inflammation in eosinophilic esophagitis (EoE) is not known. Inflammation is an important component in the pathogenesis of EoE and corticosteroids have a wide range of inhibitory activities against multiple cell types involved in allergic inflammation (1).

Regulatory Status
FDA-approved indications: Eohilia is a corticosteroid indicated for 12 weeks of treatment in adult and pediatric patients 11 years of age and older with eosinophilic esophagitis (EoE) (1).

Limitations of Use: (1)
Eohilia has not been shown to be safe and effective for the treatment of EoE for longer than 12 weeks.

Eohilia has warnings for hypercorticism and adrenal axis suppression; immunosuppression and increased risk of infection; erosive esophagitis; effect on growth; symptoms of steroid withdrawal in patients transferred from other systemic corticosteroids; other corticosteroid effects; and Kaposi's Sarcoma (1).

The safety and effectiveness of Eohilia in pediatric patients less than 11 years of age have not been established (1).

Related policies
Dupixent

Policy

This policy statement applies to clinical review performed for pre-service (Prior Approval, Precertification, Advanced Benefit Determination, etc.) and/or post-service claims.

Eohilia may be considered **medically necessary** if the conditions indicated below are met.

Eohilia may be considered **investigational** for all other indications.

Prior-Approval Requirements

Age 11 years of age or older

Diagnosis

Patient must have the following:

Eosinophilic esophagitis (EoE)

AND ALL of the following:

1. Patient has ≥15 intraepithelial eosinophils per high-power field (eos/hpf)
2. Symptoms of EoE (e.g., dysphagia, heartburn, chest pain, GERD-like symptoms, etc.)
3. Inadequate treatment response, intolerance, or contraindication to a proton pump inhibitor (PPI)
4. Prescriber agrees to limit treatment to 12 weeks

Prior – Approval *Renewal* Requirements

Same as above

Policy Guidelines

Pre - PA Allowance

None

Prior - Approval Limits

Quantity 180 single-dose oral suspension stick packs*

Duration 12 months*

*Quantity is sufficient for 12 weeks of therapy and the Service Benefit Plan's maximum benefit is 1 cycle of Eohilia therapy per 12 month period.

Prior – Approval *Renewal* Limits

Same as above

Rationale

Summary

Eohilia (budesonide) is an anti-inflammatory corticosteroid indicated for the treatment of patients 11 years of age or older with eosinophilic esophagitis (EoE). Therapy should be limited to 12 weeks only due to potential side effects of long-term corticosteroid use. The safety and effectiveness of Eohilia in pediatric patients less than 11 years of age have not been established (1).

Prior authorization is required to ensure the safe, clinically appropriate, and cost-effective use of Eohilia while maintaining optimal therapeutic outcomes.

References

1. Eohilia [package insert]. Lexington, MA: Takeda Pharmaceuticals America, Inc.; February 2024.

Policy History

Date	Action
March 2024	Addition to PA
June 2024	Annual review. Per SME, changed requirement of symptoms of dysphagia to symptoms of EoE
September 2024	Annual review
March 2025	Annual review

Keywords

This policy was approved by the FEP® Pharmacy and Medical Policy Committee on March 7, 2025 and is effective on April 1, 2025.