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BlueShield**

Federal Employee Program.

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| <b>Section:</b>    | Prescription Drugs            | <b>Effective Date:</b>       | October 1, 2025 |
| <b>Subsection:</b> | Endocrine and Metabolic Drugs | <b>Original Policy Date:</b> | January 1, 2021 |
| <b>Subject:</b>    | Sandostatin                   | <b>Page:</b>                 | 1 of 3          |

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**Last Review Date:** September 19, 2025

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## Sandostatin

### Description

#### Sandostatin (octreotide)

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#### Background

Sandostatin (octreotide) exerts pharmacologic actions similar to the natural hormone, somatostatin. It is an even more potent inhibitor of growth hormone, glucagon, and insulin than somatostatin. Like somatostatin, it also suppresses LH response to GnRH, decreases splanchnic blood flow, and inhibits release of serotonin, gastrin, vasoactive intestinal peptide, secretin, motilin, and pancreatic polypeptide (1).

#### Regulatory Status

FDA-approved indications: Sandostatin is indicated for: (1)

- Acromegaly
- Diarrhea or flushing associated with carcinoid tumors
- Diarrhea associated with VIP-secreting tumors

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#### Related policies

Sandostatin LAR, Signifor LAR, Somatuline Depot

### Policy

*This policy statement applies to clinical review performed for pre-service (Prior Approval, Precertification, Advanced Benefit Determination, etc.) and/or post-service claims.*

Sandostatin may be considered **medically necessary** if the conditions indicated below are met.

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Sandostatin may be considered **investigational** for all other indications.

## Prior-Approval Requirements

### Diagnoses

Patient must have **ONE** of the following:

1. Acromegaly
2. Diarrhea or flushing associated with carcinoid tumors
3. Diarrhea associated with VIP-secreting tumors

**AND** the following for **ALL** diagnoses:

- a. Patient **MUST** have tried the preferred product (generic Sandostatin: octreotide) unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)

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## Prior – Approval *Renewal* Requirements

Same as above

### Policy Guidelines

## Prior - Approval Limits

**Duration** 12 months

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## Prior – Approval *Renewal* Limits

Same as above

### Rationale

#### Summary

Sandostatin (octreotide) exerts pharmacologic actions similar to the natural hormone, somatostatin. It is an even more potent inhibitor of growth hormone, glucagon, and insulin than somatostatin. Like somatostatin, it also suppresses LH response to GnRH, decreases

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splanchnic blood flow, and inhibits release of serotonin, gastrin, vasoactive intestinal peptide, secretin, motilin, and pancreatic polypeptide (1).

Prior approval is required to ensure the safe, clinically appropriate, and cost-effective use of Sandostatin while maintaining optimal therapeutic outcomes.

#### References

1. Sandostatin [package insert]. East Hanover, NJ: Novartis Pharmaceuticals Corporation; July 2023.

#### Policy History

| Date           | Action                             |
|----------------|------------------------------------|
| December 2020  | Addition to PA. Annual review      |
| September 2021 | Annual review and reference update |
| September 2022 | Annual review                      |
| December 2022  | Annual review                      |
| September 2023 | Annual review and reference update |
| September 2024 | Annual review                      |
| September 2025 | Annual review                      |

#### Keywords

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This policy was approved by the FEP® Pharmacy and Medical Policy Committee on September 19, 2025 and is effective on October 1, 2025.