BlueCross BlueShield
Federal Employee Program
Blue Cross Blue Shield Association
750 9th St NW, Suite 900
Washington, D.C. 20001
1-800-624-5060
Fax 1-877-378-4727

5.90.004

Section:	Prescription Drugs	**Effective Date:**	July 1, 2026
Subsection:	Biologicals	**Original Policy Date:**	November 15, 2013
Subject:	Stelara	**Page:**	1 of 17

Last Review Date: June 11, 2026

Stelara

Description

Stelara (ustekinumab)
Imuldosa (ustekinumab-srlf)
Otulfi (**ustekinumab-aauz**)
Pyzchiva (ustekinumab-ttwe)
Selarsdi (ustekinumab-aekn)
Starjemza (ustekinumab-hmny)
Steqeyma (ustekinumab-stba)
Wezlana (ustekinumab-auub)
Yesintek (ustekinumab-kfce)

Bolded medications are the preferred products.

Background

Stelara and its biosimilars are human interleukin-12 (IL-12) and interleukin-23 (IL-23) antagonists indicated for the treatment of plaque psoriasis, psoriatic arthritis, Crohn's disease, and ulcerative colitis. Stelara and its biosimilars targets IL-12 and IL-23, reducing inflammation and relieving symptoms of joint pain, swelling, stiffness, plaque thickness, scaling, and redness in psoriatic arthritis and plaque psoriasis, and has been shown to significantly decrease disease activity in patients with moderately to severely active Crohn's disease and ulcerative colitis (1-9).

Regulatory Status

FDA-approved indications: Stelara and its biosimilars are human interleukin-12 and -23 antagonists indicated for the treatment of: (1-9)

- Moderate to severe plaque psoriasis (PsO) in adult and pediatric patients 6 years of age and older who are candidates for phototherapy or systemic therapy
- Active psoriatic arthritis (PsA) in adult and pediatric patients 6 years of age and older
- Moderately to severely active Crohn's disease (CD) in adult and pediatric patients 2 years of age and older
- Moderately to severely active ulcerative colitis (UC) in adult patients

Stelara and its biosimilars may increase the risk of infections and reactivation of latent infections such as bacterial, fungal, and viral infections. Stelara and its biosimilars should not be given to patients with any clinically important active infection until the infection resolves or is adequately treated. Serious infections that require hospitalization may occur such as diverticulitis, cellulitis, pneumonia, appendicitis, sepsis, and cholecystitis (1-9).

Evaluate patients for tuberculosis infection prior to initiating treatment with Stelara or its biosimilars. Do not administer Stelara or its biosimilars to patients with active tuberculosis. Initiate treatment of latent tuberculosis prior to administering Stelara or its biosimilars. Consider anti-tuberculosis therapy prior to initiation of Stelara or its biosimilars in patients with a past history of latent or active tuberculosis in whom an adequate course of treatment cannot be confirmed. Patients receiving Stelara or its biosimilars should be monitored closely for signs and symptoms of active tuberculosis during and after treatment (1-9).

Stelara and its biosimilars are immunosuppressants and may increase the risk of malignancy. Malignancies were reported among subjects who received Stelara or its biosimilars. There have been post-marketing reports of the rapid appearance of multiple cutaneous squamous cell carcinomas in patients receiving Stelara or its biosimilars who had pre-existing risk factors for developing non-melanoma skin cancer. All patients receiving Stelara or its biosimilars should be monitored for the appearance of non-melanoma skin cancer. Patients greater than 60 years of age, those with a medical history of prolonged immunosuppressant therapy, and those with a history of PUVA treatment should be followed closely (1-9).

Safety and effectiveness of Stelara and its biosimilars in pediatric patients less than 2 years of age with Crohn's disease have not been established (1-9). Safety and effectiveness of Stelara and its biosimilars in pediatric patients less than 6 years of age with plaque psoriasis and psoriatic arthritis have not been established (1-9). Safety and effectiveness of Stelara and its biosimilars in pediatric patients less than 18 years of age with ulcerative colitis have not been established (1-9).

Related policies
Ilumya, Skyrizi, Tremfya

Policy

This policy statement applies to clinical review performed for pre-service (Prior Approval, Precertification, Advanced Benefit Determination, etc.) and/or post-service claims.

Stelara and its biosimilars may be considered **medically necessary** if the conditions indicated below are met.

Stelara and its biosimilars may be considered **investigational** for all other indications.

Prior-Approval Requirements

Preferred medications only

Diagnoses

Patient must have **ONE** of the following:

1. Moderately to severely active Crohn's disease (CD)
    a. 2 years of age or older
    b. Inadequate treatment response, intolerance, or contraindication to at least **ONE** conventional therapy option (see Appendix 2)
    c. Prescriber will initiate dosing with a single intravenous infusion with **ONE** of the following:
        i. IV infusion: Age 2-17 years and 10 kg to 25 kg weight – 10 mg/kg
        ii. IV infusion: Age 2-17 years and >25 kg to 55 kg weight – 260 mg
        iii. IV infusion: Adults 55 kg or less – 260 mg
        iv. IV infusion: >55 kg to 85 kg – 390 mg
        v. IV infusion: >85 kg – 520 mg
    d. Prescriber will not exceed the FDA labeled maintenance dose of **ONE** of the following:
        i. Subcutaneous administration: Patients 2-17 years of age and 10 kg to 35 kg weight – 2.5 mg/kg every 8 weeks

ii. Subcutaneous administration: Patients 2-17 years of age greater than 35 kg weight and adult patients – 90 mg every 8 weeks

2. Moderate to severe plaque psoriasis (PsO)
    a. 6 years of age or older
    b. Inadequate treatment response, intolerance, or contraindication to either conventional systemic therapy (see Appendix 1) or phototherapy
        i. If the patient is intolerant or contraindicated to one therapy then the patient must have an inadequate treatment response, intolerance, or contraindication to the other treatment option
    c. Prescriber will not exceed the FDA labeled maintenance dose of **ONE** of the following:
        i. Subcutaneous administration: Patients 6-17 years of age and less than 60 kg weight – 0.75 mg/kg every 12 weeks
        ii. Subcutaneous administration: Patients 6-17 years of age 60 kg to 100 kg weight and adult patients less than or equal to 100 kg weight – 45 mg every 12 weeks
        iii. Subcutaneous administration: Patients greater than 100 kg weight – 90 mg every 12 weeks

3. Active psoriatic arthritis (PsA)
    a. 6 years of age or older
    b. Inadequate treatment response, intolerance, or contraindication to a 3-month trial of at least **ONE** conventional DMARD (see Appendix 1)
    c. Prescriber will not exceed the FDA labeled maintenance dose of **ONE** of the following:
        i. Subcutaneous administration: Patients 18 years of age or older - 45 mg every 12 weeks
        ii. Subcutaneous administration: Patients 6 years of age or older, weight greater than 100 kg, with concurrent moderate to severe plaque psoriasis – 90 mg every 12 weeks
        iii. Subcutaneous administration: Patients 6-17 years of age and less than 60 kg weight - 0.75 mg/kg every 12 weeks
        iv. Subcutaneous administration: Patients 6-17 years of age and greater than or equal to 60 kg weight - 45 mg every 12 weeks

4. Moderately to severely active ulcerative colitis (UC)
    a. 18 years of age or older

b. Inadequate treatment response, intolerance, or contraindication to at least **ONE** conventional therapy option (see Appendix 2)
c. Prescriber will initiate dosing with a single intravenous infusion with **ONE** of the following:
    i. IV infusion: 55 kg or less – 260 mg
    ii. IV infusion: >55 kg to 85 kg – 390 mg
    iii. IV infusion: More than 85 kg – 520 mg
d. Prescriber will not exceed the FDA labeled maintenance dose of the following:
    i. Subcutaneous administration: 90 mg every 8 weeks

AND ALL of the following for **ALL** diagnoses:

1. Result for latent TB infection is negative **OR** result was positive for latent TB and patient completed treatment (or is receiving treatment) for latent TB
2. Absence of active infection [including tuberculosis and hepatitis B virus (HBV)]
3. **NOT** to be used in combination with any other biologic DMARD or targeted synthetic DMARD (see Appendix 1)
4. **NOT** given concurrently with live vaccines

Non-preferred medications only

Diagnoses

Patient must have **ONE** of the following with provided documentation (e.g., medical records, laboratory reports):

1. Moderately to severely active Crohn's disease (CD)
    a. 2 years of age or older
    b. Inadequate treatment response, intolerance, or contraindication to at least **ONE** conventional therapy option (see Appendix 2)
    c. Prescriber will initiate dosing with a single intravenous infusion with **ONE** of the following:
        i. IV infusion: Age 2-17 years and 10 kg to 25 kg weight – 10 mg/kg
        ii. IV infusion: Age 2-17 years and >25 kg to 55 kg weight – 260 mg
        iii. IV infusion: Adults 55 kg or less – 260 mg
        iv. IV infusion: >55 kg to 85 kg – 390 mg
        v. IV infusion: >85 kg – 520 mg

d. Prescriber will not exceed the FDA labeled maintenance dose of **ONE** of the following:
    i. Subcutaneous administration: Patients 2-17 years of age and 10 kg to 35 kg weight – 2.5 mg/kg every 8 weeks
    ii. Subcutaneous administration: Patients 2-17 years of age greater than 35 kg weight and adult patients – 90 mg every 8 weeks

2. Moderate to severe plaque psoriasis (PsO)
    a. 6 years of age or older
    b. Inadequate treatment response, intolerance, or contraindication to either conventional systemic therapy (see Appendix 1) or phototherapy
        i. If the patient is intolerant or contraindicated to one therapy then the patient must have an inadequate treatment response, intolerance, or contraindication to the other treatment option
    c. Prescriber will not exceed the FDA labeled maintenance dose of **ONE** of the following:
        i. Subcutaneous administration: Patients 6-17 years of age and less than 60 kg weight – 0.75 mg/kg every 12 weeks
        ii. Subcutaneous administration: Patients 6-17 years of age 60 kg to 100 kg weight and adult patients less than or equal to 100 kg weight – 45 mg every 12 weeks
        iii. Subcutaneous administration: Patients greater than 100 kg weight – 90 mg every 12 weeks

3. Active psoriatic arthritis (PsA)
    a. 6 years of age or older
    b. Inadequate treatment response, intolerance, or contraindication to a 3-month trial of at least **ONE** conventional DMARD (see Appendix 1)
    c. Prescriber will not exceed the FDA labeled maintenance dose of **ONE** of the following:
        i. Subcutaneous administration: Patients 18 years of age or older - 45 mg every 12 weeks
        ii. Subcutaneous administration: Patients 6 years of age or older, weight greater than 100 kg, with concurrent moderate to severe plaque psoriasis – 90 mg every 12 weeks
        iii. Subcutaneous administration: Patients 6-17 years of age and less than 60 kg weight - 0.75 mg/kg every 12 weeks
        iv. Subcutaneous administration: Patients 6-17 years of age and greater than or equal to 60 kg weight - 45 mg every 12 weeks

4. Moderately to severely active ulcerative colitis (UC)
    a. 18 years of age or older
    b. Inadequate treatment response, intolerance, or contraindication to at least **ONE** conventional therapy option (see Appendix 2)
    c. Prescriber will initiate dosing with a single intravenous infusion with **ONE** of the following:
        i. IV infusion: 55 kg or less – 260 mg
        ii. IV infusion: >55 kg to 85 kg – 390 mg
        iii. IV infusion: More than 85 kg – 520 mg
    d. Prescriber will not exceed the FDA labeled maintenance dose of the following:
        i. Subcutaneous administration: 90 mg every 8 weeks

AND ALL of the following for **ALL** diagnoses:

1. Result for latent TB infection is negative **OR** result was positive for latent TB and patient completed treatment (or is receiving treatment) for latent TB
2. Absence of active infection [including tuberculosis and hepatitis B virus (HBV)]
3. **NOT** to be used in combination with any other biologic DMARD or targeted synthetic DMARD (see Appendix 1)
4. **NOT** given concurrently with live vaccines
5. Patient **MUST** have tried the preferred product(s) (see Appendix 3) unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)

All approved requests are subject to review by a clinical specialist for final validation and coverage determination once all required documentation has been received. Current utilization, including samples, does not guarantee approval of coverage.

Prior – Approval *Renewal* Requirements

Preferred medications only

Diagnoses

Patient must have **ONE** of the following:

1. Crohn's disease (CD)
    a. 2 years of age or older

b. Prescriber will not exceed the FDA labeled maintenance dose of **ONE** of the following:
   i. Subcutaneous administration: Patients 2-17 years of age and 10 kg to 35 kg weight – 2.5 mg/kg every 8 weeks
   ii. Subcutaneous administration: Patients 2-17 years of age greater than 35 kg weight and adult patients – 90 mg every 8 weeks

2. Plaque psoriasis (PsO)
   a. 6 years of age or older
   b. Prescriber will not exceed the FDA labeled maintenance dose of **ONE** of the following:
      i. Subcutaneous administration: Patients 6-17 years of age and less than 60 kg weight – 0.75 mg/kg every 12 weeks
      ii. Subcutaneous administration: Patients 6-17 years of age and 60 kg to 100 kg weight and adult patients less than or equal to 100 kg weight – 45 mg every 12 weeks
      iii. Subcutaneous administration: Patients greater than 100 kg weight – 90 mg every 12 weeks

3. Psoriatic arthritis (PsA)
   a. 6 years of age or older
   b. Prescriber will not exceed the FDA labeled maintenance dose of **ONE** of the following:
      i. Subcutaneous administration: Patients 18 years of age or older - 45 mg every 12 weeks
      ii. Subcutaneous administration: Patients 6 years of age or older, weight greater than 100 kg, with concurrent moderate to severe plaque psoriasis – 90 mg every 12 weeks
      iii. Subcutaneous administration: Patients 6-17 years of age and less than 60 kg weight - 0.75 mg/kg every 12 weeks
      iv. Subcutaneous administration: Patients 6-17 years of age and greater than or equal to 60 kg weight - 45 mg every 12 weeks

4. Ulcerative colitis (UC)
   a. 18 years of age or older
   b. Prescriber will not exceed the FDA labeled maintenance dose of the following:
      i. Subcutaneous administration: 90 mg every 8 weeks

AND ALL of the following for **ALL** diagnoses:

1. Condition has improved or stabilized with Stelara
2. Absence of active infection [including tuberculosis and hepatitis B virus (HBV)]
3. **NOT** to be used in combination with any other biologic DMARD or targeted synthetic DMARD (see Appendix 1)
4. **NOT** given concurrently with live vaccines

Non-preferred medications only

Diagnoses

Patient must have **ONE** of the following with provided documentation (e.g., medical records, laboratory reports):

1. Crohn's disease (CD)
    a. 2 years of age or older
    b. Prescriber will not exceed the FDA labeled maintenance dose of **ONE** of the following:
        i. Subcutaneous administration: Patients 2-17 years of age and 10 kg to 35 kg weight – 2.5 mg/kg every 8 weeks
        ii. Subcutaneous administration: Patients 2-17 years of age greater than 35 kg weight and adult patients – 90 mg every 8 weeks

2. Plaque psoriasis (PsO)
    a. 6 years of age or older
    b. Prescriber will not exceed the FDA labeled maintenance dose of **ONE** of the following:
        i. Subcutaneous administration: Patients 6-17 years of age and less than 60 kg weight – 0.75 mg/kg every 12 weeks
        ii. Subcutaneous administration: Patients 6-17 years of age and 60 kg to 100 kg weight and adult patients less than or equal to 100 kg weight – 45 mg every 12 weeks
        iii. Subcutaneous administration: Patients greater than 100 kg weight – 90 mg every 12 weeks

3. Psoriatic arthritis (PsA)
    a. 6 years of age or older

b. Prescriber will not exceed the FDA labeled maintenance dose of **ONE** of the following:
   i. Subcutaneous administration: Patients 18 years of age or older - 45 mg every 12 weeks
   ii. Subcutaneous administration: Patients 6 years of age or older, weight greater than 100 kg, with concurrent moderate to severe plaque psoriasis – 90 mg every 12 weeks
   iii. Subcutaneous administration: Patients 6-17 years of age and less than 60 kg weight - 0.75 mg/kg every 12 weeks
   iv. Subcutaneous administration: Patients 6-17 years of age and greater than or equal to 60 kg weight - 45 mg every 12 weeks

4. Ulcerative colitis (UC)
   a. 18 years of age or older
   b. Prescriber will not exceed the FDA labeled maintenance dose of the following:
      i. Subcutaneous administration: 90 mg every 8 weeks

AND ALL of the following for **ALL** diagnoses:
1. Condition has improved or stabilized with Stelara
2. Absence of active infection [including tuberculosis and hepatitis B virus (HBV)]
3. **NOT** to be used in combination with any other biologic DMARD or targeted synthetic DMARD (see Appendix 1)
4. **NOT** given concurrently with live vaccines
5. Patient **MUST** have tried the preferred product(s) (see Appendix 3) unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)

All approved requests are subject to review by a clinical specialist for final validation and coverage determination once all required documentation has been received. Current utilization, including samples, does not guarantee approval of coverage.

Policy Guidelines

Pre - PA Allowance

None

Prior - Approval Limits

Quantity

Diagnosis	Strength	Quantity
Crohn's disease (CD)	130 mg IV vial **Weight 10kg to 35kg** 45 mg SC vial/syringe **Adult patient or weight > 35kg** 90 mg SC syringe	**Weight ≤55kg** 2 IV vials (1 dose) + 1 SC syringe per 56 days **Weight > 55kg to 85kg** 3 IV vials (1 dose) + 1 SC syringe per 56 days **Weight > 85kg** 4 IV vials (1 dose) + 1 SC syringe per 56 days
Plaque psoriasis (PsO)	**Weight ≤100kg** 45 mg SC vial/syringe **Weight > 100kg** 90 mg SC syringe	5 units per 365 days (dosed initially, 4 weeks later, then every 12 weeks)
Psoriatic arthritis (PsA)	45 mg SC vial/syringe **Concurrent moderate to severe plaque psoriasis and weight > 100kg** 90 mg SC syringe	
Ulcerative colitis (UC)	130 mg IV vial 90 mg SC syringe	**Weight ≤55kg** 2 IV vials (1 dose) + 1 SC syringe per 56 days **Weight > 55kg to 85kg** 3 IV vials (1 dose) + 1 SC syringe per 56 days **Weight > 85kg** 4 IV vials (1 dose) + 1 SC syringe per 56 days

Duration 12 months

Prior – Approval *Renewal* Limits

Quantity

Diagnosis	Strength	Quantity
Crohn's disease (CD)	**Weight 10kg to 35kg** 45 mg SC vial/syringe **Adult patients or weight > 35kg** 90 mg SC syringe	1 unit per 56 days

Plaque psoriasis (PsO)	**Weight ≤100kg** 45 mg SC vial/syringe **Weight > 100kg** 90 mg SC syringe	1 unit per 84 days
Psoriatic arthritis (PsA)	45 mg SC vial/syringe **Concurrent moderate to severe plaque psoriasis and weight > 100kg** 90 mg SC syringe	
Ulcerative colitis (UC)	90 mg SC syringe	1 SC syringe per 56 days

Duration 18 months

Rationale

Summary
Stelara and its biosimilars are human interleukin-12 (IL-12) and interleukin-23 (IL-23) antagonists indicated for the treatment of plaque psoriasis, psoriatic arthritis, Crohn's disease, and ulcerative colitis. Stelara and its biosimilars target IL-12 and IL-23, reducing inflammation and relieving symptoms of joint pain, swelling, stiffness, plaque thickness, scaling, and redness in psoriatic arthritis and plaque psoriasis, and have been shown to significantly decrease disease activity in patients with moderately to severely active Crohn's disease and ulcerative colitis. Stelara and its biosimilars may increase the risk of infections and reactivation of latent infections such as bacterial, fungal, and viral infections. Stelara and its biosimilars should not be given to patients with any clinically important active infection until the infection resolves or is adequately treated. Stelara and its biosimilars should not be administered to patients with active TB. Stelara and its biosimilars may increase the risk of malignancy (1-9).

Prior authorization is required to ensure the safe, clinically appropriate, and cost-effective use of Stelara and its biosimilar while maintaining optimal therapeutic outcomes.

References
1. Stelara [package insert]. Horsham, PA: Janssen Biotech, Inc.; April 2026.
2. Selarsdi [package insert]. Parsippany, NJ: Teva Pharmaceuticals; December 2025.
3. Pyzchiva [package insert]. Princeton, NJ: Sandoz Inc.; November 2025.
4. Yesintek [package insert]. Cambridge, MA: Biocon Biologics Inc.; November 2024.
5. Steqeyma [package insert]. Jersey City, NJ: Celltrion; December 2025.
6. Wezlana [package insert]. Thousand Oaks, CA: Amgen Inc.; September 2025.

7. Imuldosa [package insert]. Raleigh, NC: Accord BioPharma Inc.; November 2025.
8. Otulfi [package insert]. Lake Zurich, IL: Fresenius Kabi USA, LLC; August 2025.
9. Starjemza [package insert]. Berkeley Heights, NJ: Hikma Pharmaceuticals USA Inc.; May 2025.

Policy History

Date	Action
October 2013	Addition to PA
December 2013	Annual editorial review by the PMPC
September 2014	Annual editorial review and renewal limit to 18 months
September 2016	Annual editorial review and reference update Addition of not to be used in combination with any other biologic DMARD or targeted synthetic DMARD Addition of not given concurrently with live vaccines per SME Policy number change from 5.18.04 to 5.90.04
October 2016	Addition of Crohn's disease to diagnoses in initiation and renewal criteria Addition of criteria to Crohn's disease diagnosis in initiation: must have inadequate treatment response to one of the following: immunomodulators, corticosteroids, or TNF blockers
December 2016	Annual review
September 2017	Annual editorial review Addition of FDA dosing requirement questions for all indications
October 2017	Addition of PsO dosing for 12 yrs. of age and older
December 2017	Annual review
June 2018	Addition of IV initiation dosing for CD Addition of additional requirements to initiation criteria For diagnosis of PsA: inadequate response, intolerance or contraindication to a 3-month trial of at least **ONE** conventional DMARD For diagnosis of PsO: inadequate response, intolerance, or contraindication to either conventional systemic therapy or phototherapy and if the patient is intolerant or contraindicated to either therapy then the other treatment option needs to be tried For diagnosis of CD: inadequate response, intolerance or contraindication to at least ONE conventional therapy option and prescriber will initiate dosing of patient with one infusion Addition of Appendix 1 & 2
September 2018	Annual editorial review and reference update
September 2019	Annual review
November 2019	Addition of indication: ulcerative colitis. Revised initial dosing requirements for CD
December 2019	Annual review. Addition of requirement to trial preferred product

August 2020	Revised age requirement for plaque psoriasis from 12 and older to 6 and older. Also revised the dosage questions for plaque psoriasis. Clarifying language added to pharmacy benefit
September 2020	Annual review
December 2020	Annual editorial review. Revised requirements to t/f preferred products to apply to Blue Focus patients only. Added PA quantity limits
February 2021	Revised psoriatic arthritis dosing requirement and quantity limits chart
March 2021	Annual editorial review and reference update. Revised background and summary sections. Clarification added to the t/f, intolerance, C/I to preferred products requirement indicating that it only applies to claims adjudicated through the pharmacy benefit. Appendix 1 updated.
June 2021	Annual review
March 2022	Added Conventional Therapy Options for UC chart under Appendix 2
June 2022	Annual review
August 2022	Per PI update, changed PsA age to 6 and older from 18 and older and updated PsA dosing agreements
September 2022	Annual review
December 2022	Annual review and reference update
September 2023	Annual review
March 2024	Annual editorial review. Revised FDA dosing language
May 2024	Addition of biosimilar Selarsdi
June 2024	Annual review and reference update
July 2024	Addition of biosimilar Pyzchiva
September 2024	Annual review
January 2025	Addition of biosimilars Wezlana, Yesintek, and Steqeyma
March 2025	Annual review and reference update
April 2025	Addition of biosimilars Imuldosa and Otulfi
June 2025	Annual review
July 2025	Addition of biosimilar Starjemza
September 2025	Annual review
December 2025	Annual review. Added documentation requirement for non-preferred medications. Removed Blue Focus t/f requirements for preferred medications. Added Appendix 3
March 2026	Annual review and reference update
May 2026	Per PI update, reduced age requirement for CD to 2 and older from 18 and older
June 2026	Annual review

Keywords

This policy was approved by the FEP® Pharmacy and Medical Policy Committee on June 11, 2026 and is effective on July 1, 2026.

Appendix 1 - List of DMARDs

Conventional disease-modifying antirheumatic drugs (DMARDs)

Generic Name	Brand Name
azathioprine	Azasan, Imuran
cyclophosphamide	Cytoxan
cyclosporine	Neoral, Gengraf, Sandimmune
hydroxychloroquine	Plaquenil
leflunomide	Arava
methotrexate	Rheumatrex, Trexall
mycophenolate	Cellcept
sulfasalazine	Azulfidine, Sulfazine

Biological disease-modifying antirheumatic drugs (DMARDs)

Generic Name	Brand Name
abatacept	Orencia
adalimumab	Humira
anakinra	Kineret
bimekizumab-bkzx	Bimzelx
brodalumab	Siliq
certolizumab	Cimzia
etanercept	Enbrel
golimumab	Simponi/Simponi Aria
guselkumab	Tremfya
infliximab	Remicade
infliximab-dyyb	Zymfentra
ixekizumab	Taltz
risankizumab-rzaa	Skyrizi
rituximab	Rituxan
sarilumab	Kevzara
secukinumab	Cosentyx
spesolimab-sbzo	Spevigo
tildrakizumab-asmn	Ilumya
tocilizumab	Actemra
ustekinumab	Stelara
vedolizumab	Entyvio

Targeted synthetic disease-modifying antirheumatic drugs (DMARDs)

Generic Name	Brand Name

apremilast	Otezla
baricitinib	Olumiant
deucravacitinib	Sotyktu
tofacitinib	Xeljanz/XR
upadactinib	Rinvoq

Appendix 2 – List of Conventional Therapies

Conventional Therapy Options for CD
1. Mild to moderate disease – induction of remission: a. Oral budesonide, oral mesalamine b. Alternatives: metronidazole, ciprofloxacin
2. Mild to moderate disease – maintenance of remission: a. Azathioprine, mercaptopurine b. Alternatives: oral budesonide, methotrexate intramuscularly (IM)
3. Moderate to severe disease – induction of remission: a. Prednisone, methylprednisolone intravenously (IV) b. Alternatives: methotrexate IM
4. Moderate to severe disease – maintenance of remission: a. Azathioprine, mercaptopurine b. Alternative: methotrexate IM
5. Perianal and fistulizing disease – induction of remission c. Metronidazole ± ciprofloxacin
6. Perianal and fistulizing disease – maintenance of remission d. Azathioprine, mercaptopurine e. Alternative: methotrexate IM

Conventional Therapy Options for UC
1. Mild to moderate disease – induction of remission: a. Oral mesalamine (e.g., Asacol, Lialda, Pentasa), balsalazide, olsalazine b. Rectal mesalamine (e.g., Canasa, Rowasa) c. Rectal hydrocortisone (e.g., Colocort, Cortifoam) d. Alternatives: prednisone, azathioprine, mercaptopurine, sulfasalazine
2. Mild to moderate disease – maintenance of remission: a. Oral mesalamine, balsalazide, olsalazine, rectal mesalamine b. Alternatives: azathioprine, mercaptopurine, sulfasalazine
3. Severe disease – induction of remission: a. Prednisone, hydrocortisone IV, methylprednisolone IV b. Alternatives: cyclosporine IV, tacrolimus, sulfasalazine
4. Severe disease – maintenance of remission: a. Azathioprine, mercaptopurine b. Alternative: sulfasalazine

5. Pouchitis:
    a. Metronidazole, ciprofloxacin
    b. Alternative: rectal mesalamine

Appendix 3 - List of Preferred Products

List of preferred products:
https://info.caremark.com/content/dam/enterprise/caremark/microsites/dig/pdfs/pa-fep/fep-misc/FEP_IndicationMedChx.pdf

Refer to formulary documents for confirmation of coverage:
https://www.fepblue.org/pharmacy/prescriptions#drug-lists