



# 5.90.011

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<b>Section:</b>	Prescription Drugs	<b>Effective Date:</b>	April 1, 2026
<b>Subsection:</b>	Topical products	<b>Original Policy Date:</b>	February 13, 2015
<b>Subject:</b>	Cosentyx	<b>Page:</b>	1 of 11

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**Last Review Date:** March 6, 2026

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## Cosentyx

### Description

#### Cosentyx (secukinumab)

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#### Background

Cosentyx (secukinumab) is a human interleukin-17A (IL-17A) antagonist that helps regulate inflammation associated with plaque psoriasis (PsO), psoriatic arthritis (PsA), ankylosing spondylitis (AS), non-radiographic axial spondyloarthritis (nr-axSpA), and enthesitis-related arthritis (ERA). Cosentyx binds to IL-17A and prevents it from binding to its receptor inhibiting its ability to trigger an inflammatory response (1).

#### Regulatory Status

FDA-approved indications: Cosentyx is a human interleukin-17A antagonist indicated for the treatment of: (1)

1. Moderate to severe plaque psoriasis (PsO) in patients 6 years and older who are candidates for systemic therapy or phototherapy
2. Active psoriatic arthritis (PsA) in patients 2 years of age and older
3. Adults with active ankylosing spondylitis (AS)
4. Adults with active non-radiographic axial spondyloarthritis (nr-axSpA) with objective signs of inflammation
5. Active enthesitis-related arthritis (ERA) in patients 4 years of age and older
6. Adults with moderate to severe hidradenitis suppurativa (HS)

Evaluate patients for tuberculosis infection prior to initiating treatment with Cosentyx. Do not administer Cosentyx to patients with active tuberculosis. Initiate treatment of latent tuberculosis

<b>Section:</b>	Prescription Drugs	<b>Effective Date:</b>	April 1, 2026
<b>Subsection:</b>	Topical products	<b>Original Policy Date:</b>	February 13, 2015
<b>Subject:</b>	Cosentyx	<b>Page:</b>	2 of 11

---

prior to administering Cosentyx. Consider anti-tuberculosis therapy prior to initiation of Cosentyx in patients with a past history of latent or active tuberculosis in whom an adequate course of treatment cannot be confirmed. Patients receiving Cosentyx should be monitored closely for signs and symptoms of active tuberculosis during and after treatment (1).

Serious allergic reactions have been reported with the use of Cosentyx. Cosentyx affects the immune system, thus patients may have a greater risk of getting an infection. Caution should be exercised when considering the use of Cosentyx in patients with a chronic infection or history of recurrent infection, and in patients with active Crohn's disease. Patients treated with Cosentyx should not receive live vaccines (1).

Cosentyx may cause inflammatory bowel disease. Caution should be exercised when prescribing Cosentyx to patients with inflammatory bowel disease, and all patients should be evaluated for signs and symptoms of inflammatory bowel disease (1).

The safety and effectiveness of Cosentyx in pediatric patients less than 6 years of age with plaque psoriasis have not been established. The safety and effectiveness of Cosentyx in pediatric patients less than 2 years of age with psoriatic arthritis have not been established. The safety and effectiveness of Cosentyx in pediatric patients less than 4 years of age with enthesitis-related arthritis have not been established. The safety and effectiveness of Cosentyx in pediatric patients less than 18 years of age with ankylosing spondylitis, non-radiographic axial spondyloarthritis, or hidradenitis suppurativa have not been established (1).

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## Related policies

Bimzelx, Siliq, Taltz

### Policy

*This policy statement applies to clinical review performed for pre-service (Prior Approval, Precertification, Advanced Benefit Determination, etc.) and/or post-service claims.*

Cosentyx may be considered **medically necessary** if the conditions indicated below are met.

Cosentyx may be considered **investigational** for all other indications.

## Prior-Approval Requirements

### Diagnoses

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<b>Section:</b>	Prescription Drugs	<b>Effective Date:</b>	April 1, 2026
<b>Subsection:</b>	Topical products	<b>Original Policy Date:</b>	February 13, 2015
<b>Subject:</b>	Cosentyx	<b>Page:</b>	3 of 11

---

Patient must have **ONE** of the following with provided documentation (e.g., medical records, laboratory reports):

1. Moderate to severe plaque psoriasis (PsO)
  - a. 6 years of age or older
  - b. Inadequate treatment response, intolerance, or contraindication to either conventional systemic therapy (see Appendix 1) or phototherapy
    - i. If the patient is intolerant or contraindicated to one therapy then the patient must have an inadequate response, intolerance, or contraindication to the other treatment option
  - c. Patient **MUST** have tried the preferred product(s) (see Appendix 2) if adjudicated through the pharmacy benefit unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)
2. Active psoriatic arthritis (PsA)
  - a. 2 years of age or older
  - b. Inadequate treatment response, intolerance, or contraindication to a 3-month trial of at least **ONE** conventional DMARD (see Appendix 1)
  - c. **Age 18+ only:** Patient **MUST** have tried the preferred product(s) (see Appendix 2) if adjudicated through the pharmacy benefit unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)
3. Active ankylosing spondylitis (AS)
  - a. 18 years of age or older
  - b. Inadequate treatment response, intolerance, or contraindication to at least **TWO** non-steroidal anti-inflammatory drugs (NSAIDs)
  - c. Patient **MUST** have tried the preferred product(s) (see Appendix 2) if adjudicated through the pharmacy benefit unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)
4. Active non-radiographic axial spondyloarthritis (nr-axSpA)
  - a. 18 years of age or older
  - b. Patient has objective signs of inflammation
  - c. Inadequate treatment response, intolerance, or contraindication to at least **TWO** non-steroidal anti-inflammatory drugs (NSAIDs)

<b>Section:</b>	Prescription Drugs	<b>Effective Date:</b>	April 1, 2026
<b>Subsection:</b>	Topical products	<b>Original Policy Date:</b>	February 13, 2015
<b>Subject:</b>	Cosentyx	<b>Page:</b>	4 of 11

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- d. Patient **MUST** have tried the preferred product(s) (see Appendix 2) if adjudicated through the pharmacy benefit unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)
- 5. Active enthesitis-related arthritis (ERA)
  - a. 4 years of age or older
- 6. Hidradenitis Suppurativa (HS)
  - a. 18 years of age or older

**AND ALL** of the following for **ALL** diagnoses:

- 1. Patient will not exceed the FDA labeled maintenance dose as outlined in the quantity limit chart below
- 2. **NOT** to be used in combination with any other biologic DMARD or targeted synthetic DMARD (see Appendix 1)
- 3. Result for latent TB infection is negative **OR** result was positive for latent TB and patient completed treatment (or is receiving treatment) for latent TB
- 4. Absence of active infection [including tuberculosis and hepatitis B virus (HBV)]
- 5. **NOT** given concurrently with live vaccines

All approved requests are subject to review by a clinical specialist for final validation and coverage determination once all required documentation has been received. Current utilization, including samples, does not guarantee approval of coverage.

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## Prior – Approval *Renewal* Requirements

### Diagnoses

Patient must have **ONE** of the following with provided documentation (e.g., medical records, laboratory reports):

- 1. Plaque psoriasis (PsO)
  - a. 6 years of age or older
  - b. Patient **MUST** have tried the preferred product(s) (see Appendix 2) if adjudicated through the pharmacy benefit unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)

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<b>Section:</b>	Prescription Drugs	<b>Effective Date:</b>	April 1, 2026
<b>Subsection:</b>	Topical products	<b>Original Policy Date:</b>	February 13, 2015
<b>Subject:</b>	Cosentyx	<b>Page:</b>	5 of 11

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2. Psoriatic arthritis (PsA)
  - a. 2 years of age or older
  - b. **Age 18+ only:** Patient **MUST** have tried the preferred product(s) (see Appendix 2) if adjudicated through the pharmacy benefit unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)
  
3. Ankylosing spondylitis (AS)
  - a. 18 years of age or older
  - b. Patient **MUST** have tried the preferred product(s) (see Appendix 2) if adjudicated through the pharmacy benefit unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)
  
4. Non-radiographic axial spondyloarthritis (nr-axSpA)
  - a. 18 years of age or older
  - b. Patient **MUST** have tried the preferred product(s) (see Appendix 2) if adjudicated through the pharmacy benefit unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)
  
5. Enthesitis-related arthritis (ERA)
  - a. 4 years of age or older
  
6. Hidradenitis Suppurativa (HS)
  - a. 18 years of age or older

**AND ALL** of the following for **ALL** diagnoses:

1. Condition has improved or stabilized with therapy
2. Patient will not exceed the FDA labeled maintenance dose as outlined in the quantity limit chart below
3. **NOT** to be used in combination with any other biologic DMARD or targeted synthetic DMARD (see Appendix 1)
4. **NOT** given concurrently with live vaccines

All approved requests are subject to review by a clinical specialist for final validation and coverage determination once all required documentation has been received. Current utilization, including samples, does not guarantee approval of coverage.

**Section:** Prescription Drugs

**Effective Date:** April 1, 2026

**Subsection:** Topical products

**Original Policy Date:** February 13, 2015

**Subject:** Cosentyx

**Page:** 6 of 11

## Policy Guidelines

### Pre - PA Allowance

None

### Prior - Approval Limits

#### Quantity

Diagnosis	Strength	Quantity
Ankylosing spondylitis (AS)	150 mg SC syringe 300 mg SC syringe 300 mg carton (2x150 mg) SC syringe	17 units per 365 days (Loading dose of 150 mg at Weeks 0, 1, 2, 3, 4 then 150mg <u>or</u> 300mg every 4 weeks)
	125 mg/5 mL IV vial	(Loading dose of 6 mg/kg at Week 0, then 1.75 mg/kg every 4 weeks)
Hidradenitis suppurativa (HS)	300 mg SC syringe 300 mg carton (2x150 mg) SC syringe	29 units per 365 days (Loading dose of 300 mg at Weeks 0, 1, 2, 3, 4 then 300 mg every 2-4 weeks)
Plaque psoriasis (PsO) <b>Age 18+ only</b>	150 mg SC syringe 300 mg SC syringe 300 mg carton (2x150 mg) SC syringe	17 units per 365 days (Loading dose of 150 mg <u>or</u> 300 mg at Weeks 0, 1, 2, 3, 4 then 150mg <u>or</u> 300mg every 4 weeks)
Psoriatic arthritis (PsA) <b>Age 18+ only</b>	150 mg SC syringe 300 mg SC syringe 300 mg carton (2x150 mg) SC syringe	17 units per 365 days (Loading dose of 150 mg <u>or</u> 300 mg at Weeks 0, 1, 2, 3, 4 then 150mg <u>or</u> 300mg every 4 weeks)
	125 mg/5 mL IV vial	(Loading dose of 6 mg/kg at Week 0, then 1.75 mg/kg every 4 weeks)
Enthesitis-related arthritis (ERA)		
Psoriatic arthritis (PsA) <b>Age 2 - 17 only</b>	75 mg SC syringe 150 mg SC syringe	17 units per 365 days (Loading dose of 75 mg <u>or</u> 150 mg at Weeks 0, 1, 2, 3, 4 then 75 mg <u>or</u> 150 mg every 4 weeks)
Plaque psoriasis (PsO) <b>Age 6 - 17 only</b>		
Non-radiographic axial spondyloarthritis (nr-axSpA)	150 mg SC syringe	17 units per 365 days (Loading dose of 150 mg at Weeks 0, 1, 2, 3, 4 then 150 mg every 4 weeks)
	125 mg/5 mL IV vial	(Loading dose of 6 mg/kg at Week 0, then 1.75 mg/kg every 4 weeks)

**Duration** 12 months

### Prior – Approval *Renewal* Limits

#### Quantity

Diagnosis	Strength	Quantity
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**Section:** Prescription Drugs**Effective Date:** April 1, 2026**Subsection:** Topical products**Original Policy Date:** February 13, 2015**Subject:** Cosentyx**Page:** 7 of 11

Ankylosing spondylitis (AS)	150 mg SC syringe 300 mg SC syringe 300 mg carton (2 of the 150 mg) SC syringe	3 units per 84 days
	125 mg/5 mL IV vial	1.75 mg/kg every 4 weeks
Hidradenitis suppurativa (HS)	300 mg SC syringe 300 mg carton (2 of the 150 mg) SC syringe	6 units per 84 days
Plaque psoriasis (PsO) <b>Age 18+ only</b>	150 mg 300 mg 300 mg carton (2 of the 150mg)	3 units per 84 days
Psoriatic arthritis (PsA) <b>Age 18+ only</b>	150 mg SC syringe 300 mg SC syringe 300 mg carton (2 of the 150 mg) SC syringe	3 units per 84 days
	125 mg/5 mL IV vial	1.75 mg/kg every 4 weeks
Enthesitis-related arthritis (ERA)		
Psoriatic arthritis (PsA) <b>Age 2 - 17 only</b>	75 mg SC syringe 150 mg SC syringe	3 units per 84 days
Plaque psoriasis (PsO) <b>Age 6 - 17 only</b>		
Non-radiographic axial spondyloarthritis (nr-axSpA)	150 mg SC syringe	3 units per 84 days
	125 mg/5 mL IV vial	1.75 mg/kg every 4 weeks

**Duration** 18 months

## Rationale

### Summary

Cosentyx (secukinumab) is a human interleukin-17A (IL-17A) antagonist that helps regulate inflammation associated with plaque psoriasis (PsO), psoriatic arthritis (PsA), ankylosing spondylitis (AS), non-radiographic axial spondyloarthritis (nr-axSpA), enthesitis-related arthritis (ERA), and hidradenitis suppurativa (HS). Cosentyx binds to interleukin 17A (IL-17A) and prevents it from binding to its receptor inhibiting its ability to trigger an inflammatory response. Cosentyx should not be used in combination with other biological DMARDs or other tumor necrosis factor (TNF) blockers (1).

Prior approval is required to ensure the safe, clinically appropriate, and cost-effective use of Cosentyx while maintaining optimal therapeutic outcomes.

### References

1. Cosentyx [package insert]. New Hanover, NJ: Novartis Pharmaceutical Corp; August 2025.

<b>Section:</b>	Prescription Drugs	<b>Effective Date:</b>	April 1, 2026
<b>Subsection:</b>	Topical products	<b>Original Policy Date:</b>	February 13, 2015
<b>Subject:</b>	Cosentyx	<b>Page:</b>	8 of 11

## Policy History

Date	Action
February 2015	New addition to PA
March 2015	Annual editorial review and reference update
June 2015	Annual review
September 2015	Annual review
January 2016	Addition of new indications active psoriatic arthritis (PsA) and active ankylosing spondylitis (AS) Policy number changed from 5.18.11 to 5.90.11
March 2016	Annual editorial review
September 2016	Annual editorial review Addition of not given concurrently with live vaccines per SME
December 2016	Annual review
June 2017	Annual review
September 2017	Annual editorial review and reference update Added age limit to renewal section and dosage limit requirements
December 2017	Annual review
June 2018	Addition of additional requirements to initiation criteria For diagnosis of AS: inadequate response, intolerance, or contraindication to at least 2 NSAIDs For diagnosis of PsA: inadequate response, intolerance or contraindication to a 3-month trial of at least ONE conventional DMARD For diagnosis of PsO: if the patient is intolerant or contraindicated to either therapy then the other treatment option needs to be tried Addition of conventional therapy and biological DMARDS to appendix
September 2018	Annual editorial review and reference update Addition of inflammatory bowel disease warning to regulatory status per SME
September 2019	Annual review
December 2019	Addition of requirement to trial preferred product
February 2020	Revised ankylosing spondylitis dosing to 300 mg every 4 weeks
March 2020	Annual review
July 2020	Addition of indication: non-radiographic axial spondyloarthritis (nr-axSpA)
September 2020	Annual review
December 2020	Annual editorial review. Added Appendix 2 with a list of preferred medications based on diagnosis and plan. Added PA quantity limits. Changed initial approval duration to 12 months
March 2021	Annual editorial review. Revised background and summary sections. Clarification added to the t/f, intolerance, C/I to preferred products requirement indicating that it only applies to claims adjudicated through the pharmacy benefit. Appendix 1 updated

# 5.90.011

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<b>Section:</b>	Prescription Drugs	<b>Effective Date:</b>	April 1, 2026
<b>Subsection:</b>	Topical products	<b>Original Policy Date:</b>	February 13, 2015
<b>Subject:</b>	Cosentyx	<b>Page:</b>	9 of 11

---

June 2021	Revised age limit for plaque psoriasis to 6 and older from 18 and older per newest package insert. Added dosing requirements and quantity limits for pediatric patients with plaque psoriasis. Also revised preferred products list for plaque psoriasis based on age
September 2021	Annual review
January 2022	Addition of indication: enthesitis-related arthritis. Reduced age requirement for PsA to 2 and older from 18 and older. Revised quantity limit chart and preferred products chart. Added Rinvoq as a preferred PsA product to chart (Appendix 2)
March 2022	Annual review. Added Skyrizi as a preferred PsA product to chart (Appendix 2)
May 2022	Added Rinvoq as a preferred AS product to chart (Appendix 2)
June 2022	Annual review
September 2022	Annual review
December 2022	Annual review
February 2023	Added Rinvoq as a preferred nr-axSpA product to chart (Appendix 2)
March 2023	Annual review
August 2023	Per PI update, added 300 mg injection to quantity limit chart
September 2023	Annual review
November 2023	Per PI update, added indication of hidradenitis suppurativa (HS). Revised FDA dosing language
January 2024	Also added 125 mg IV infusion.
March 2024	Annual review and reference update
July 2024	Reworded dosing agreement questions to refer to quantity limit chart
September 2024	Annual review. Added Otezla as preferred option for PsO age 6-11 and age 12-17
March 2025	Annual review and reference update
December 2025	Annual review. Added documentation requirement. Revised Appendix 2
March 2026	Annual review and reference update

## Keywords

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**This policy was approved by the FEP® Pharmacy and Medical Policy Committee on March 6, 2026 and is effective on April 1, 2026.**

**Section:** Prescription Drugs**Effective Date:** April 1, 2026**Subsection:** Topical products**Original Policy Date:** February 13, 2015**Subject:** Cosentyx**Page:** 10 of 11**Appendix 1 - List of DMARDs****Conventional disease-modifying antirheumatic drugs (DMARDs)**

<b>Generic Name</b>	<b>Brand Name</b>
azathioprine	Azasan, Imuran
cyclophosphamide	Cytoxan
cyclosporine	Neoral, Gengraf, Sandimmune
hydroxychloroquine	Plaquenil
leflunomide	Arava
methotrexate	Rheumatrex, Trexall
mycophenolate	Cellcept
sulfasalazine	Azulfidine, Sulfazine

**Biological disease-modifying antirheumatic drugs (DMARDs)**

<b>Generic Name</b>	<b>Brand Name</b>
abatacept	Orencia
adalimumab	Humira
anakinra	Kineret
bimekizumab-bkzx	Bimzelx
brodalumab	Siliq
certolizumab	Cimzia
etanercept	Enbrel
golimumab	Simponi/Simponi Aria
guselkumab	Tremfya
infliximab	Remicade
infliximab-dyyb	Zymfentra
ixekizumab	Taltz
risankizumab-rzaa	Skyrizi
rituximab	Rituxan
sarilumab	Kevzara
secukinumab	Cosentyx
spesolimab-sbzo	Spevigo
tildrakizumab-asmn	Ilumya
tocilizumab	Actemra
ustekinumab	Stelara
vedolizumab	Entyvio

**Targeted synthetic disease-modifying antirheumatic drugs (DMARDs)**

<b>Generic Name</b>	<b>Brand Name</b>
apremilast	Otezla

**Section:** Prescription Drugs

**Effective Date:** April 1, 2026

**Subsection:** Topical products

**Original Policy Date:** February 13, 2015

**Subject:** Cosentyx

**Page:** 11 of 11

---

baricitinib	Olumiant
deucravacitinib	Sotyktu
tofacitinib	Xeljanz/XR
upadactinib	Rinvoq

## Appendix 2 - List of Preferred Products

List of preferred products:

[https://info.caremark.com/content/dam/enterprise/caremark/microsites/dig/pdfs/pa-fep/fep-misc/FEP\\_IndicationMedChx.pdf](https://info.caremark.com/content/dam/enterprise/caremark/microsites/dig/pdfs/pa-fep/fep-misc/FEP_IndicationMedChx.pdf)

Refer to formulary documents for confirmation of coverage:

<https://www.fepblue.org/pharmacy/prescriptions#drug-lists>