OVER-THE-COUNTER (OTC) COVID-19 TESTS



What you need to know

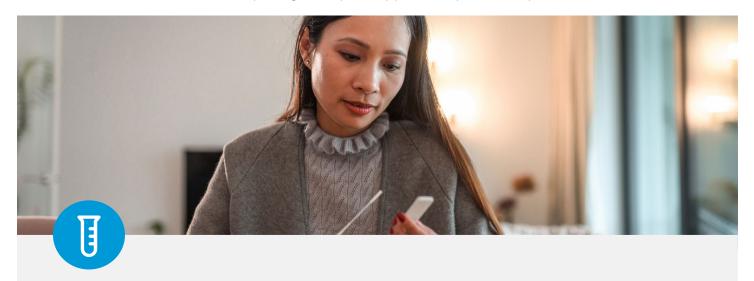
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As the COVID-19 pandemic continues, testing is an important way to limit the spread of the disease. With that in mind, we wanted to give you some information on OTC COVID-19 tests.

About over-the-counter tests

OTC tests, also known as self-tests, detect if you are currently infected with COVID-19. They are typically easy to use and produce rapid results. OTC tests purchased at retail locations cost, on average, \$12 for a single test and \$24 for a double test kit.

Remember to follow all the manufacturer's instructions when performing the test. If you have any questions about your OTC test, call your doctor.



Where you can get over-the-counter tests

The government is committed to ensuring access to OTC tests. Here are four ways you can get tests for you and your family:

- 1. Visit **covidtests.gov** to get free tests delivered to your house by the U.S. Postal Service.
- 2. Go to an in-network retail pharmacy and purchase the kits at the pharmacy counter. Provide your member ID card to the pharmacist and you'll pay no out-of-pocket cost. To find an in-network pharmacy, visit **fepblue.org/provider** or download the **fepblue** app.
- 3. Get reimbursed. Purchase FDA-authorized OTC tests at a retail location and then submit a Health Benefits Claim Form and your OTC test receipt(s) to your local BCBS Plan. Once we process your claim, we'll mail the contract holder a reimbursement check. You can download the claim form at fepblue.org/forms or call the number on the back of your member ID card to receive one by mail.
- 4. Contact your local health department to learn about free COVID-19 testing locations or pickup sites.

What if you test positive?

According to the Centers for Disease Control (CDC) recommendations, if your home test has a positive result, you should:



Follow the latest CDC guidance for isolation



Wear a well-fitted mask if you have contact with others



Call your healthcare provider

Important things to keep in mind

- The Blue Cross and Blue Shield Federal Employee Program (FEP) will cover up to eight (8) tests per member per calendar month. Once you reach this limit, we will not pay claims for additional tests for that month.
- If you submit a claim for reimbursement, you can attach multiple receipts to one claim form. However, you must submit a separate claim for each member on your contract if you're buying tests for multiple covered family members.
 We generally process claims within 30 days of receiving your completed claim forms and receipts.
- We do not cover employer-based testing. By purchasing tests at an in-network pharmacy or submitting a claim for reimbursement, you agree that you are not using the tests for this purpose.



Questions or need the address of your local BCBS Plan?

Visit **fepblue.org/contact** or call the customer service number on the back of your member ID card.











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The Blue Cross Blue Shield Association is an association of independent, locally operated Blue Cross and Blue Shield companies.