Coverage for: Self Only, Self Plus One or Self and Family  $\mid$  Plan Type:  $\underline{PPO}$ 

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure ([RI 71-005]) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at fepblue.org/brochure, and view the Glossary at www.dol.gov/ebsa/healthreform. You can call 1-800-411-2583 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	Yes. There's no deductible for covered services.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$ <u>6,500</u> /Self Only \$ <u>13,000</u> / Self Plus One \$ <u>13,000</u> /Self and Family	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billing charges, health care this plan doesn't cover, and penalties for failure to obtain preauthorization for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See provider.fepblue.org or call your local BCBS company for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.





All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
If you visit a health	Primary care visit to treat an injury or illness	\$30/visit	Not covered	You pay 30% coinsurance for agents, drugs, and/or supplies administered or obtained in connection with your care. You pay nothing when you receive care in connection with, and within 72 hours after, an accidental injury.
care <u>provider's</u> office or clinic	<u>Specialist</u> visit	\$40/visit	Not covered	You pay 30% <u>coinsurance</u> for agents, drugs, and/or supplies administered or obtained in connection with your care.
	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge for blood work; \$40 for X-rays	Not covered	You pay 30% <u>coinsurance</u> for agents, drugs, and/or supplies administered or obtained in connection with your care.
ii you nave a test	Imaging (CT/PET scans, MRIs)	\$100 (when billed by professionals); \$150 (billed by facilities)	Not covered	You pay 30% <u>coinsurance</u> for agents, drugs, and/or supplies administered or obtained in connection with your care.
	Tier 1 (Generic drugs)	\$10/prescription (30-day supply)	Not covered	\$30/prescription for a 31 to 90-day supply for additional copayments
If you need drugs to treat your illness or	Tier 2 (Preferred brand drugs)	\$55/prescription (30-day supply)	Not covered	\$165/prescription for a 31 to 90-day supply for additional copayments
condition  More information about prescription drug coverage is available at fepblue.org/formulary	Tier 3 (Non-preferred brand drugs)	60% <u>coinsurance</u> /\$75 minimum (30-day supply)	Not covered	\$210 minimum for a 31 to 90-day supply for additional copayments
	Tier 4 (Preferred <u>Specialty</u> <u>drugs)</u>	Retail: \$85/prescription (30-day supply) Specialty pharmacy: \$85/prescription (30-day	Not covered	Retail: One fill limit Specialty pharmacy: 90-day supply can only be obtained after 3rd fill

		What Y	ou Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
		supply); \$235/prescription (31 to 90-day supply)		Prior approval is required for certain prescription drugs.	
	Tier 5 (Non-preferred specialty drugs)	Retail: \$110/prescription (30-day supply) Specialty pharmacy: \$110/prescription (30- day supply; \$300/prescription (31 to 90-day supply)	Not covered	Retail: One fill limit Specialty pharmacy: 90-day supply can only be obtained after 3rd fill  Prior approval is required for certain prescription drugs.	
	Facility fee (e.g., ambulatory surgery center)	\$100/day per facility	Not covered	None	
If you have outpatient surgery	Physician/surgeon fees	\$150/performing surgeon (office setting); \$200/performing surgeon (other settings)	Not covered	You pay 30% coinsurance for agents, drugs, and/or supplies administered or obtained in connection with your care.  Prior approval is required for certain surgical services.	
	Emergency room care	\$175 per day per facility	\$175 per day per facility	None	
If you need immediate	Emergency medical transportation	\$100/day	\$100/day	Air or sea ambulance: \$150/day	
medical attention	Urgent care	\$35/visit	Not covered	You pay \$30/visit for care in connection with medical emergency services performed at an out-of-network urgent care facility.	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$175/day up to maximum of \$875/admission	Not covered	Precertification is required. We will reduce benefits for the inpatient hospital stay by \$500 if no one contacts us for precertification.	
	Physician/surgeon fees	\$200/performing surgeon	Not covered	Prior approval is required for certain surgical services.	

	What You Will Pay				
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
				You pay 30% <u>coinsurance</u> for agents, drugs, and/or supplies administered or obtained in connection with your care.	
If you need mental	Outpatient services	\$30 copay/office visit and No charge for outpatient services	Not covered	None	
health, behavioral health, or substance abuse services	Inpatient services	No charge for professional services/ \$175/day up to maximum of \$875/admission for facility care	Not covered	Precertification is required for inpatient hospital stays. We will reduce benefits for the inpatient hospital stay by \$500 if no one contacts us for precertification.	
	Office visits	No charge	Not covered	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).	
If you are pregnant	Childbirth/delivery professional services	No charge	Not covered	None	
	Childbirth/delivery facility services	\$175/admission for facility care	Not covered	None	
	Home health care	\$30/visit	Not covered	25 visit limit/calendar year.	
If you need help recovering or have other special health needs	Rehabilitation services	\$30/visit (primary care); \$40/visit (specialist)	Not covered	50 visit limit/calendar year. Includes physical, occupational and speech therapies. You pay 30% coinsurance for agents, drugs, and/or supplies administered or obtained in connection with your care.	
	Habilitation services	\$30/visit (primary care); \$40/visit (specialist)	Not covered	50 visit limit/calendar year. Coverage is limited to physical, occupational and speech therapies. You pay 30% coinsurance for agents, drugs, and/or supplies administered or obtained in connection with your care.	
	Skilled nursing care	Not covered	Not covered	None	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Durable medical equipment	30% coinsurance	Not covered	None	
	Hospice services	No charge	Not covered	Prior approval is required for all hospice services. Benefits are provided for up to 30 consecutive days in a facility licensed as an inpatient hospice facility.	
	Children's eye exam	\$30/visit (primary care); \$40/visit (specialist)	Not covered	Coverage limited to exams related to treatment of a specific medical condition.	
If your child needs dental or eye care	Children's glasses	30% coinsurance	Not covered	Coverage limited to one pair of glasses per incident prescribed for certain medical conditions.	
	Children's dental check-up	\$30/evaluation	Not covered	Coverage limited to two visits/calendar year.	

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generall	y Does NOT Cover (Check your FEHB Plan brochure for more information and a list of an	v other excluded services.)
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Cosmetic surgery

Long-term care

Routine eye care (Adult)

Infertility treatment

Private duty nursing

Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your FEHB Plan brochure.)

- Acupuncture (10 visit limit/calendar year)
- Bariatric surgery
- Chiropractic care (20 visit limit/calendar year)
- Dental care (Adult)
- Hearing aids

- Non-emergency care when traveling outside the U.S.
- Routine foot care if you are under active treatment for metabolic or peripheral vascular disease

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at [contact number] or visit <a href="www.opm.gov.insure/health">www.opm.gov.insure/health</a>. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or

temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: [insert applicable contact information from instructions].

## Does this plan provide Minimum Essential Coverage? [Yes]

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? [Yes]

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al servicio de atención al cliente al número que aparece en su tarjeta de identificación.] [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa numero ng serbisyo sa customer na nasa inyong ID card.]

[Chinese (中文): 請撥打您 ID 卡上的客服號碼以尋求中文協助。.]

[Navajo (Dine): Diné k'ehjí yá'áti' bee shíká'adoowoł nohsingo naaltsoos nihaa halne'go nidaahtinígíí bine'déé' Customer Service bibéésh bee hane'é biká'ígíí bich'į' dahodoołnih.]

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$0
■ Specialist [cost sharing]	\$40
■ Hospital (facility) [cost sharing]	\$175
■ Other [cost sharing]	30%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

<b>Total Example Cost</b>	\$12,700

### In this example, Peg would pay:

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Cost Sharing				
<u>Deductibles</u>	\$0			
Copayments	\$200			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$60			
The total Peg would pay is	\$260			

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall <u>deductible</u>	\$0
Specialist [cost sharing]	\$40
Hospital (facility) [cost sharing]	\$175
■ Other [ <u>cost sharing</u> ]	30%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

<b>Total Example Cost</b>	\$5,600

#### In this example, Joe would pay:

Cost Sharing			
<u>Deductibles</u>	\$0		
<u>Copayments</u>	\$1200		
Coinsurance	\$200		
What isn't covered			
Limits or exclusions	\$20		
The total Joe would pay is	\$1420		

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	\$0
■ Specialist [cost sharing]	\$40
■ Hospital (facility) [cost sharing]	\$175
Other [cost sharing]	30%

#### This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost \$2,800
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### In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$700
Coinsurance	\$70
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$770